

# SHELBYVILLE FIRE & RESCUE STANDARD OPERATING PROCEDURES

	<b>SECTION: Operations</b>	S.O.P: 109.07
	<b>SUBJECT: Incident Rehabilitation</b>	PAGE: 1 of 2
	<b>Approved By:</b>	<b>Effective Date:</b> December 1, 2012
		<b>Revision Date:</b>

## ***Purpose:***

This guideline establishes department procedures for firefighter rehabilitation at emergency incidents. The primary goal of firefighter rehabilitation is to utilize firefighters to their fullest capabilities without extending them beyond their limits of endurance. This program stresses the importance of monitoring the physical and mental conditions of personnel at emergency scenes.

## ***Procedure:***

The Incident Commander shall be responsible for the implementation of rehabilitation (Rehab) procedures for personnel operating at emergency incidents. The IC shall determine the appropriate level of Rehab warranted.

## **Rehab Levels**

### ***Level One:***

Level one rehab is the systematic, but informal, procedure of providing rest and recuperation to those members operating at routine incidents. Level One Rehab normally occurs when the tactical objective has been achieved, i.e., control of the fire, extrication completed, hazard mitigated, etc.

Level One Rehab will not normally require additional resources such as EMS, other fire companies from staging, a Rehab Officer, or vital sign monitoring, etc.

### ***Level Two:***

Level Two Rehab is the systematic and formal procedure of providing medical evaluation, rest and recuperation to those members operating at a multiple alarm, Haz-Mat or other incidents deemed warranted by the IC.

Level Two Rehab will require additional resources and considerations.

### ***Level Two Rehabilitation Procedures:***

#### ***Incident Commander Responsibilities;***

1. The Rehab area location shall be identified. The Rehab area should be adjacent to the incident staging area and large enough to accommodate one or more EMS unit, the Rehab Truck and any other civilian vehicles needed.
2. A Rehab Officer shall be designated.

#### ***Rehab Officer Responsibilities;***

1. Request the following to the Rehab Area:
  - a. EMS Units
  - b. Rehab Truck
  - c. Additional Needs

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2. Develop a list of all companies/units in-service at the incident.
3. Communicate with the designated Command Post Officer, information regarding the arrival and existing of companies at Rehab.
4. Ensure that all companies in active service at the incident are processed through Rehab prior to departing from the scene.
5. Prepare a post-incident rehabilitation report, which lists all personnel who were processed through Rehab, along with their vital sign recordings. This report shall be forwarded through the chain of command to the Safety Officer.

### ***Company Officer Responsibilities:***

1. Each company shall report immediately to the Rehab area when so directed. Company personnel should refrain from consuming food or beverages prior to their vital signs evaluation. It is important that the vital signs be taken within five minutes of release from duties to be most accurate.
2. Upon arrival at Rehab, the Company Officer shall report to the Rehab Officer and provide the names of those company members entering Rehab. When it is not possible for the entire company to report to Rehab together, i.e., pump operators, the Company Officer Shall ensure that all assigned members are evaluated before leaving the scene. The Company Officer shall hold his company in rehab until the Rehab Officer authorizes departure.